

Why Mechanical Forces Matter in Health and Disease: proteins as mechano-chemical switches

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Ample evidence exist that bacteria, cells and tissues sensitively respond to mechanical stimuli. But how can shear forces enhance bacterial adhesion? How can eukaryotic cells sense and transduce a broad range of mechanical forces into distinct sets of biochemical signals that ultimately regulate cellular processes, including adhesion, proliferation, differentiation, and apoptosis? New nanotechnology and computational tools begin to reveal novel mechanisms how the structure/function relation of proteins can be switched if proteins are mechanically stretched and partially unfolded. Some bonds that the adhesins of some cells form with their respective ligands can be activated rather than weakened by tensile force (i.e. catch bonds versus slip bonds). Some bacteria thus adhere more firmly to surfaces under flow conditions and we will give insights into the structural mechanisms how force can switch their nanoadhesives to a high binding strength. Other structural mechanisms are at work by which fibroblasts and other cells can stretch, unfold and switch the chemical display of extracellular matrix molecules. Deciphering the underlying engineering design principles by which proteins can serve as mechano-chemical switches is not only essential to learn how cells sense and respond to mechanical forces. It has far reaching implications in systems biology and medicine. Illustrative examples will be discussed, from microbiology to drug discovery to tissue engineering.

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